

Worksheet: What Can Parliaments do to improve Representation and Inclusivity – MPs

1. *Reflect on your role – both individually and as a group – and the unique position and influence that you have within the parliamentary system. Consider how you can leverage that role to support gender equality and women’s empowerment.*

Some examples, to stimulate discussion:

- Champion GEWE legislation, eg through private members bills
- Raise GEWE issues in debates
- Build international alliances on GEWE
- Proactively engage constituents minority and harder-to-reach groups in the country/constituency
- Advocate for and support the implementation of gender-responsive budgeting practices
- Use social media platforms to raise awareness about gender issues and engage with the public
- Support women's participation in politics within political parties and at the community level.

2. *Within your group, brainstorm all specific actions that you can take in your role towards gender equality and women’s empowerment, and identify which are immediately achievable in the short-term, and those which are longer-term in nature.*

| Short-term | Longer-Term |
|------------|-------------|
| | |

3. Based on the brainstorm above, develop a simple strategy based on the 3-5 most relevant and impactful actions (both short-term and long-term), and put them in the table below.

| Actions | Implementation Steps | Potential Challenges | Key Stakeholders to Engage |
|---------|----------------------|----------------------|----------------------------|
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